



colour energy healing

Have you felt green with envy?
Had the winter blues?
Lately 'seen' red?

This ancient form of healing is
affordable, accessible and fun!

Come and learn how you can
brighten up your life and be
re-energised!

Commencing Wednesday 17 November

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- Feeling like you need more energy?
- Can't let go of anger?
- Having trouble expressing yourself clearly?

Come and join us in these fun and enlightening workshops that will teach you how your emotion, your body and your ability to heal with colour are all linked.

Each session is on a Wednesday from 10.30am – 12pm commencing 17 November.

Location: 31 Hoadley Ave, Frankston South
Weekly cost: \$20 or \$110 upfront
FBC Members: \$15 weekly

Booking is essential, please contact
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Amanda has a Bachelor of Communications and is currently completing her Certificate IV in Life Coaching with the Coaching Institute of Australia. She also regularly uses colour therapy to assist her own healing and has found it has had enormous benefits.



BLAZE COACHING – BE THE BEST YOU

