



INTUITION DEVELOPMENT WORKSHOPS

Commencing Sunday 24 October

No experience necessary, except an open mind and heart

When you understand how using your intuition can assist you either in your own personal development, in business or in your closest relationships, you'll wonder how you ever coped without it!

When you talk about coincidences, or have a 'gut feeling' about someone or something, this is your intuition seeking attention from your conscious mind.

YOURSELF RELATIONSHIPS BUSINESS

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This 6 week developmental course is an introduction to various tools and exercises that will help you enhance and further develop your intuition.

When you have a dream that felt like it was real, or can sometimes smell the perfume or aftershave of a loved one that has passed – that is you connecting with universal energy.

Connecting with your intuition can help guide you in many ways, including:

- Trusting your first impressions when you meet someone – potential partner, business associate, employee
- Making large purchases or investments
- Making positive life affirming choices
- Seeking guidance with 'big' decisions
- Understanding yourself better
- Attracting positive energy

Across the six weeks, we will incorporate meditation, automatic writing, chanting, healing, colour therapy and kahuna flying. You will be required to complete short exercises to prepare for each week. All materials you will require will be provided.

Each session is on a Sunday from 10.30am – 12.30pm
commencing 24 October

Location: 31 Hoadley Ave, Frankston South
Weekly cost: \$30 or \$170 upfront
FBC Members: \$25 or \$140 upfront

Booking is essential, please contact
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Amanda has a Bachelor of Communications and is currently completing her Certificate IV in Life Coaching with the Coaching Institute of Australia.